

Health & Fitness Society of BC
Annual General Meeting

11/10/2023

AGENDA

9:00 am - 9:05 am - Opening

9:05 am - 9:35 am - Guest Speaker - David J. Robinson
Presentation Title: KIJIKATIG Boxing and Carving Wellness Education

9:35 am - 10:05 am - Guest Speaker - Jamie Hawke
Presentation Title: Knowledge Translation: The Practitioner Voice

10:05 am - 10:40 am - Guest Speaker - Alejandro Gaytán-González
Presentation Title: Approaches to Combat Sarcopenia

10:40 am - 10:55 am - Break

10:55 am - 11:40 am - Guest Speaker - Dr. Bruno Follmer
Presentation Title: Concussion Management in Sports is a No-brainer

11:40 am - 11:55 am - Guest Speaker - Ethan Schmitt
Presentation Title: Anthropometric and Musculoskeletal Performance Profiles of Ultramarathon Runners of Varying Distances

11:55 am - 12:25 pm - Guest Speaker - Shannon Field
Presentation Title: Urban Indigenous Families' Perspectives and Experiences With Play

12:25 pm - 1:00 pm - Lunch & HFSBC Annual General Meeting

November
10, 2023

Capilano University
(Room LB322, Library
Building, 2055 Purcell Way,
North Vancouver, V7J 3H5)